

Cathedral in Touch

A Newsletter for our Community

26 May 2024 | Trinity Sunday



Leicester **Cathedral**
A beating heart for City and County



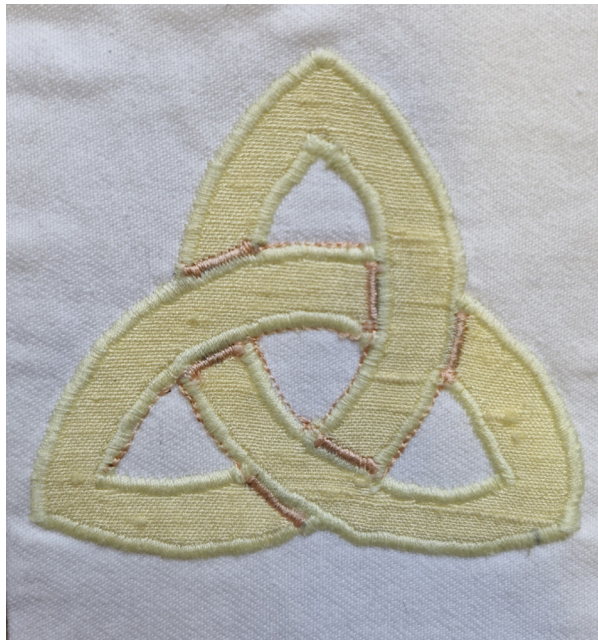
More than we can utter or conceive

This Sunday is Trinity Sunday when Christians try to get heads, hearts, and souls around the concept of God who is three persons and yet always and ever only one God, holy and undivided. Perhaps the language you use is conventionally 'Father, Son, and Holy Spirit'. Perhaps you prefer 'Source of All Being, Eternal Word, and Holy Spirit' or another permutation. In any case, Christians have grappled down the ages with how to describe the doctrine of the Trinity as well as what it might mean. Many books have been written on the subject, many pieces of art created, different images used to try to describe this central but slippery Christian doctrine.

One symbol which many find helpful to 'depict' the Trinity is of a Celtic knot which appears to have three equal points but is at the same time formed of a continuous line, dancing in and out of itself, round and round. This image has been a recurrent one on my journey of faith, providing an inspiration for prayer – tracing the line can be a prompt to enter into the never-ending dance of God's life, to be caught up through God's grace into the very centre of God. This is one of the deep and dazzling mysteries of our faith – that God as Trinity exists in perfection outside our realm and yet through God

invites and includes us in this communal relationship of interdependence, love and eternal life. The picture included below is of this symbol I had embroidered on to my ordination stole.

Some years ago when I was at theological college, the local church congregation reproduced their own version of this Celtic symbol on the church path using painted stones – each person contributing something of themselves into this image representing God. A couple of days later my tutor had the idea that our tutorial group would hold our weekly group worship around this image. We walked down to the church only to discover that the stones had been taken away and all that remained was a faint imprint of where they had been. Initial disappointment



at not being able to see this symbol clearly gave way to a dawning realisation that what was left in fact spoke profoundly to us of God who cannot be captured and defined through human hands or art and who can sometimes only be perceived by the

imprint of where he or she has been. This perhaps has something of an 'apophatic' way of approach – coming to know God through seeing what God is not. God always leaves some sort of trace, even if it is by impressions left such as with fossils.

Our group worship around that bare patch of ground all those years ago was more inspiring than it might have been had the painted stones still been in place. We began to contemplate the God-shaped imprints in our lives and selves as well as the world around us. As well as prompting us to seek our place within God's dancing and divine life, Trinity Sunday needs still to prompt us also to look for the traces of where God has been, to find the indelible and undeniable marks of undying life that God has made in us and around us.

If you really need words on this Trinity Sunday, here's a prayer suggested for this day:

*Blessing and honour and thanksgiving and praise,
more than we can utter, more than we can conceive,
be to you, most holy and glorious Trinity,
Father, Son and Holy Spirit
by all angels, all people, all creatures,
for ever and ever.
Amen.*

Emma Davies
Canon Pastor



CANON-IN-RESIDENCE

ONE OF the clergy always holds this phone. Do feel able to contact us if you need but please be aware we cannot receive texts.

07399 523 330

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News & Updates

Need a piano?

The Cathedral's old Baby Grand piano needs a new home – if removal costs can be covered! (approx. £300)

If you are interested (or do pass on if you know of someone who might be), please contact **Hannah**.
Merritt@LeicesterCofE.org.



Chapter election

In the coming weeks we will be inviting nominations for a member of the Cathedral Chapter. The Chapter are the charity trustees and have general control and management of the administration of the Cathedral. They meet six times a year. Amanda Fitchett is one of two Cathedral representatives, and there is a vacancy for the second.

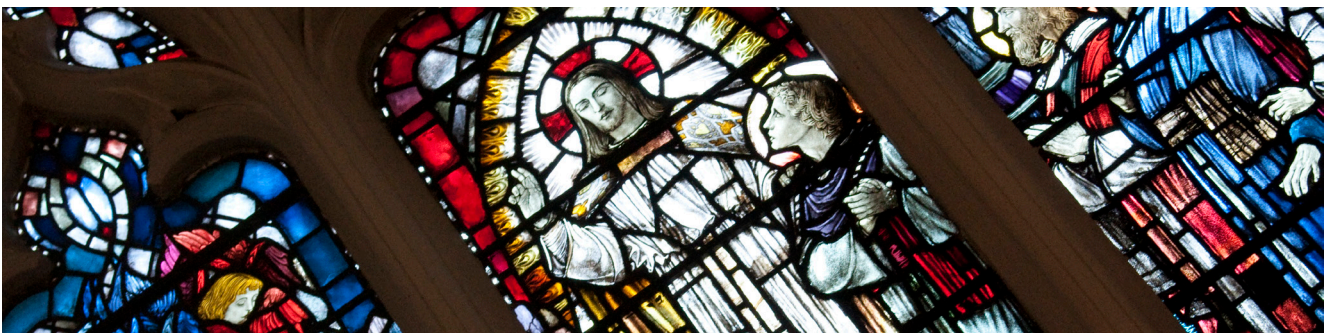
To be eligible for this a person needs to be

1. *On either the Cathedral Community Roll or the Cathedral Electoral Roll.*
2. *A communicant*

If you would like to know more about the role, please talk with Dean Karen or Amanda Fitchett and contact **Richard**.
Norman@LeicesterCofE.

[org](#) for an *Expression of Interest* pack which will give you more information about the role and the nomination process.

Dean Karen



Services this week

SUNDAY 26 MAY

TRINITY SUNDAY

- 10.30am Cathedral Eucharist
- 3.30pm Choral Evensong
- 6.30pm Eucharist at St Nicholas Church

MONDAY 27 MAY

BANK HOLIDAY

The Cathedral will be open for general visiting from 10.00am–4.30pm. Services will be said privately.

- 12.30pm **Lunchtime Recital:** Philip Millward, Organ

TUESDAY 28 MAY

- 8.30am Morning Prayer
- 12.30pm Lunchtime Eucharist
- 5.30pm Evening Prayer

WEDNESDAY 29 MAY

- 8.30am Morning Prayer
- 12.30pm Lunchtime Eucharist
- 5.30pm Evening Prayer

THURSDAY 30 MAY

- 8.30am Morning Prayer
- 12.30pm Lunchtime Eucharist
- 5.30pm Evening Prayer

FRIDAY 31 MAY VISIT OF THE BLESSED VIRGIN MARY TO ELIZABETH

- 8.30am Morning Prayer
- 12.30pm Lunchtime Eucharist
- 5.30pm Evening Prayer

SATURDAY 1 JUNE

- 9.30am Morning Prayer
- 5.30pm Evening Prayer

SUNDAY 2 JUNE

TRINITY 1

- 10.30am Cathedral Eucharist
- 3.30pm Evening Prayer
- 6.30pm Eucharist at St Nicholas Church

Half-term crafts!

Come and join us at the Cathedral this half term for a free **Richard III craft activity!**

We'll show you how to make a white rose from tissue paper in our family friendly session. Suitable for children aged 4+.

Craft activities take place on **Tuesday 28 May** from 1.30–3.30pm and **Thursday 30 May** from 10.00am–12.00pm.

No need to book – just drop-in.

Please note: all children must be accompanied by an adult.



**Creative
Cathedral**



Music updates

Admission of Choristers

Today we invest four choristers in their surplices and thereby formally admit them to full membership of the Cathedral Choir. These children have all been recruited in schools where our Assistant Director of Music, Rosie Vinter, teaches as part of our singing programme *DioSing*. One further chorister from that group is not able to be with us this morning, but will be invested in her surplice as soon as possible!

Congratulations Nipuni, Phoebe, Tina, Kiki and Joseph! We're very proud of your achievements and hope that this will be the beginning of many happy years of singing in Leicester Cathedral Choir. Welcome too to your families and all who have supported you on your journey thus far. Thank you also to Rosie and Lucy Haigh for training them up since they started attending: the work they do with these children when they first join the choir builds solid foundations for their future development as choristers.

Organ Recital at Lutterworth Methodist Church in aid of Leicester Cathedral Music Foundation

On Wednesday 5 June, at 12.45pm, Director of Music Christopher Ouvry-Johns will be giving an organ recital at Lutterworth Methodist Church, Bitteswell Road, Lutterworth, LE17 4EL.

Admission is free and the retiring collection will go to Leicester Cathedral Music Foundation.

The programme includes music by Vierne, J.S. Bach and Duruflé's *Fugue sur le nom d'Alain* (which you can also hear after the morning Eucharist next Sunday, 2 June).

Do come along, if you're able.





Summer at Leicester Cathedral

This summer we will have exciting opportunities to explore and enjoy stories of Leicester, of faith, and of culture, as we celebrate the new life our cathedral building is bringing.

Treat yourself to the beauty of Choral Evensong and recitals by talented young musicians. Bring a friend or relative to sing in Dementia Week. Laugh at local Paul Gosling's *Dr Watson* comedy show. Reflect on Iain McKillop's *Stations of the Resurrection* exhibition. Explore the city's 2,000 year history with world-renowned archaeologist Mathew Morris.

It will be great to see you!

See all events and services on our [website](#)

**Pick
up a
booklet!**

Thursday 6 June | 5.30pm

Service marking the Anniversary of D-Day

On this date, the UK will commemorate the 80th anniversary of the Normandy Landings in 1944, leading to the end of the Second World War and the liberation of Europe. All are welcome to join us for a special service sung by the Cathedral Choir.

Sunday 9 June | 4.00pm

Choral Evensong Together with St Nicholas and St Hughes Churches, the Parish of The Transfiguration

Join us for a special service of Choral Evensong at St Nicholas and St Hughes Churches, in the the Parish of The Transfiguration in Market Harborough, as part of our *Together with Leicester Cathedral* project.

Thursday 13 June | 6.30–8.30pm

Leicester Uncovered: Leicester Cathedral Revealed

The construction of our new heritage learning centre has revealed a fascinating snapshot of life in Leicester over the past 2,000 years, including a possible Roman shrine, an Anglo-Saxon building and a burial ground in use from the late Saxon period to the 19th century. Join archaeologist **Mathew Morris** from University of Leicester Archaeological Services for a talk about the recent archaeological excavations and what they tell us about the lives of the people of St Martin's parish and the story of Leicester. **Tickets:** £5.50 Full / £3.50 Concession – available from [Eventbrite](#).



Book Club

Next on Thurs 6 June

Meeting online over Zoom, in June we've decided to read read ***An Intercultural Church for a Multicultural World*** by Bishop Martyn Snow.

New members are always welcome – please email **Jude**.
Taylor@LeicesterCofE.org.

Lunchtime Recitals

Summer Season 2024

**12.30pm | Free admission,
donations encouraged**

Monday 13 May
Ellis Thomas Piano*

Monday 27 May
Philip Millwood Organ

Monday 10 June
Anna Crawford Cello (+ Duet partner)*

Monday 24 June
Osnabruck Youth Choir

Monday 8 July
Leicestershire Music Strings Ensemble

Students aged 13–18, the LMSE performs a varied programme of summer chamber music including well-known quartets and octets. Directed by Phil Houghton.



Philharmonia

* with the **Philharmonia Fellowship Scheme**

The Philharmonia is a world-class symphony orchestra – based in London at Southbank Centre’s Royal Festival Hall, resident in cities and at festivals across England, and streaming online, the Philharmonia creates thrilling performances for a global audience.

Here at Leicester Cathedral, we’re thrilled to welcome Philharmonia Orchestra Instrumental Fellows for a series of recitals in a new partnership with this acclaimed orchestra.



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www.leicestercathedral.org



Pilgrimage Walk

Saturday 15 June

Starting from 9.30am outside St Martins House

Join us on a prayerful walk through the city and its surroundings. Over the course of 2.5–3 hours, we will journey together, guided through a series of reflections and prayers as we seek out the divine and sacred in the streets, shops, and waterways around us.

Like last year, Jonathan Kerry will lead us, and along our route we will pause at various locations to pray and reflect together. There will be breaks along the way, and plenty of opportunity for conversation with others as we walk together, too!

All are welcome, but children must be accompanied by an adult.

Please visit our [Eventbrite](#) page to book – or speak to Jude (jude.taylor@leicestercofe.org) if you prefer.

Tickets are free, but donations will be very gratefully received.

Leicester Cathedral presents



Ida Pelliccioli

From South to Vienna

For her 2024 tour, renowned concert pianist Ida Pelliccioli has been inspired by the forgotten music of 18th century Spanish composer **Manuel Blasco de Nebra**.

Her performance will take audiences on a journey from Blasco de Nebra's recently re-discovered keyboard music and **Scarlatti's** keyboard sonatas, through to the Viennese classic style of **Mozart** and **Schubert**.

Booking essential!



Thursday 4 July 2024
7.30pm



Tickets
£12–15 available
from **Eventbrite**





Ogemdi
Chinwendu
Anika

*Navigating
the Turmoil
& Competing
Emotions
that Seeks to
Govern the
Heart*

Prayer Thoughts

Dear Friends,

In the midst of life's storms, we often find ourselves grappling with emotions that threaten to overwhelm us — fear, anger, resentment, and sometimes a desire for retaliation. Yet, it is in these moments of turmoil that we are reminded of the enduring peace that comes from Christ, a peace that surpasses all understanding.

Earlier this month, I received a distressing phone call that left me deeply troubled. The call filled me with immense anger and a desire for retaliation. However, it was just a message from the Bible that brought me through that experience. This message is recorded in the book of Colossians 3:15: "*And let the peace that comes from Christ rule in your hearts.*" I don't know what you may be going through today, but as I share this experience with you, I pray that your faith in God, especially in his son Jesus Christ, will increase.

My younger sister called me, and she was in tears like never before when we spoke that day. I was deeply troubled and patiently listened as she shared the situation that caused her such immense sorrow. It was a story of betrayal, a story of deep hurt, both physically and emotionally.



Anger welled up within me, and I felt a bitter taste in my mouth. The rage consumed me, and I wanted nothing more than to retaliate on her behalf, inflicting equal pain on the person who had hurt my sister.

Amidst the darkness in my heart, a quiet whisper of God's word through the Holy Spirit came: "Ogemdi, let the peace that comes from Christ rule in your heart." Immediately, I knew I shouldn't allow the anger to control me. Instead, I allowed Christ's peace to wash over me, displacing every trace of anger and resentment. His peace washed away the desire for retaliation and replaced it with love and compassion. I began to realize that the person who hurt my sister may not have been in their right mind or may have been influenced by something else. So, I

started to release forgiveness towards them, replacing resentment with compassion.

Jesus promised, "*My peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.*" (John 14.27). Note that this peace promised by Christ is a gift freely given to all who choose to receive it — a gift that is different from the peace the world promises. This peace transcends all human understanding (Philippians 4.7). It is a peace that doesn't make sense to the world, a peace that brings calm amidst life's chaos, comfort amidst sorrow. This peace comes from Jesus Christ, the Prince of Peace (Isaiah 9.6). It is not found in material possessions, achievements, promotions, or relationships. Rather, it is a gift from God that can be experienced by all.

Most importantly, it is crucial to underscore the detrimental effects of these emotions on physical and mental well-being. Hence, when life's circumstances compel us to grapple with conflicting emotions, we have the option to let Christ's authentic peace govern our hearts instead of allowing negative emotions to seize control.

I wonder, dear friends, what storms are raging in your hearts today? Are you grappling with anger, resentment, fear, worries, anger, pain, hurt, grudges, bitterness, vengeance, unforgiveness, or bitterness? I invite you to open your hearts to the peace that comes from Christ, allowing his presence to calm the tempest within and bring healing to your soul.

Prayer Pointers

1. *Pray for the grace to surrender to Christ's peace, especially in moments of turmoil and distress.*
2. *Lift up those who are struggling with feelings of anger, resentment, fear, worries, anger, pain, hurt, grudges, bitterness, vengeance, unforgiveness, or bitterness, asking for God's healing touch and restoration.*
3. *Pray for a spirit of forgiveness and compassion, that we may extend Christ's love to those who have wronged us.*

Peace be with you.



PRAYER POINTERS

THIS WEEK, from the Diocesan Prayer Diary, we pray for

Sunday 26 May
Trinity Sunday

Monday 27 May
Diocese of Trichy
(partner diocese)

Tuesday 28 May
The Langtons and
Shangton

Wednesday 29 May
Welham, Glooston and
Cranhoe, and Stonton
Wyville

Thursday 30 May
Six Saints circa Holt

Friday 31 May
Gaulby

Saturday 1 June
Justin, martyr, c.165AD.

For the Prayer Diary, see their [website](#).

WAYS YOU CAN HELP LEICESTER CATHEDRAL

ONLINE GIVING

Donate online [here](#).

By TEXT

To donate £5, text PLATE to 70970

To donate £10, text PLATE to 70191

INTO OUR BANK ACCOUNT

Account Name: Leicester Cathedral Chapter

Account Number: 03807282 | Sort Code: 20-49-11

BY CHEQUE

Payable to: Leicester Cathedral Chapter

Address: St Martins House, 7 Peacock Lane,
Leicester, LE1 5PZ



SAFEGUARDING

THE DEAN and Chapter of the Cathedral are wholly committed to the safety, well-being and protection of everyone having contact with our community.

If you have concerns about the welfare or behaviour of an adult, young person or child, please speak to one of the **Residentiary Canons** or to Linda Green or Amanda Fitchcett, our **Safeguarding Co-ordinators**.

The Residentiary Canons can be approached in person or contacted on **07399 523 330**.

If you would prefer to talk to one of the Safeguarding Co-ordinators please either write to them at the Cathedral office, or give the office your details and one of the Co-ordinators will contact you. You do not need to explain the reason for your request.

All concerns will be responded to proportionately and with discretion.

