### Cathedral in Touch

A Newsletter for our Community
5 May 2024 6<sup>th</sup> Sunday of Easter





### **Benedictine Respect**

This, then, is the good zeal which members must foster with fervent love:
'They should each try to be the first to show respect to the other'
(Romans 12.10), supporting with the greatest patience one another's
weakness of body or behaviour...

The Rule of Benedict

Benedictine spirituality lies at the heart of English cathedral life. The Benedictine Rule written by him in the 6th century has shaped monastic life in Europe for 1,500 years, and is the foundation of the patterns of the daily offices and times of prayer. The Rule prescribes the use of Psalms in worship and sits behind Morning Prayer, Choral Evensong, and the practice of a daily Eucharist. The Rule sets boundaries and practice for monastic community life which is helpful for any community, and is above all, guidance in humility by a person with long experience in the Christian life.

Joan Chittister, American Benedictine nun and theologian, writes,

'Benedictine spirituality is not about religiosity. Benedictine spirituality is much more demanding than that. Benedictine spirituality is about caring for the people you live with, and loving the people you don't, and loving God more than yourself. Benedictine spirituality depends on listening for the voice of God everywhere in life, especially in one another and here.'

I find it so very easy to be thinking about what happened last week or leading up to where we are now. It can be equally distracting to focus on an imagined spiritual connection of 'getting there' in the future. Benedict calls us to the present. To where we are now. To the people we are with now and the blessing they gift to us, as well as the difficulties relationships bring. To look, to notice, to be present to who we are with now. Joan Chittister reminds us

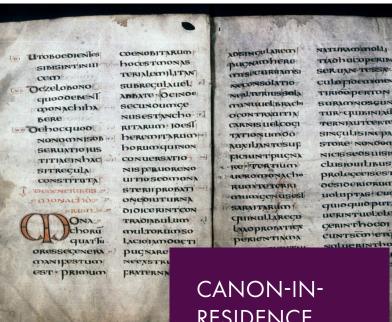
'We must learn to listen to what God is saying in our simple, sometimes insane, and always uncertain daily lives... good zeal commits us to the happiness of human community and immerses us in Christ and surrenders us to God, minute by minute, person by person, day after day after day.'

As a cathedral, who is worshipping with us now? Who is visiting the Cathedral on weekdays and at weekends? Who are we working and volunteering with? Who are the partners we are working with or could work with, here and now? Where we study, in among our friends, in our family, who are we with. Are we noticing them and what is going on for them. How might we be just a little more present to them, and, as Benedict says, show respect to them.

I see this posture clearest in the beautiful and challenging practice so common in cultures across the world but so alien to us in the UK, of bending to touch the feet of a visitor or elder in a brief moment of surrender.







**RESIDENCE** 

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ONE OF the clergy always holds this phone. Do feel able to contact us if you need but please be aware we cannot receive texts.

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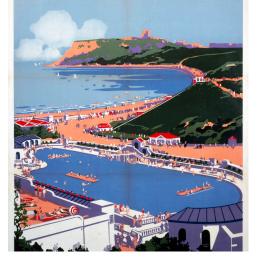
# News & Updates

# Cathedral Outing 2024: Scarborough!

Our much-loved Cathedral summer outing is back, and this year's destination is Scarborough!

Join us on Saturday 24 June for sea, sand, socialising (definitely), and sun (possibly!). The cost for the coach is £25 per adult and £15 per child; we also have a family rate of £50 for up to two adults and three children.

The coach will leave the Cathedral at 7.30am, and Scarborough at 5.30pm.



Sign up using the sheet by the refreshment area after the 10.30am Sunday Eucharist, or email Nathan on nathanmorley82@ hotmail.com.

#### Notes for the weekend

The Cathedral will be closed for general visitors on Saturday 4 May from 2.00–4.30pm, in order to hold a **Wedding Service**. We apologise for any inconvenience caused.

Meanwhile, Leicester City is celebrating the Football

Club's return to the Premier League as Championship winners with a **bus parade** in the city centre and celebrations on Sunday 5 May.

The event means that the city will be busier than usual – especially at

the end of our 10.30am Eucharist Service.

Monday 6 May is also the **Early May Bank Holiday** 

- our services will be said privately and the building will be open for visiting from 10.00am-4.30pm.

# Ascension Day Choral Evensong

Ascension Day (Thursday 9 May) comes forty days after Easter and celebrates Jesus' ascension into heaven.

Join us for a special Evensong at 5.30pm with music sung by the Cathedral Choir.



### Services this week

SUNDAY 5 MAY EASTER 6

10.30am Cathedral Eucharist3.30pm Choral Evensong

6.30pm Eucharist at St Nicholas Church

#### **MONDAY 6 MAY**

**BANK HOLIDAY** 

Morning and Evening Prayer will be said privately. The Cathedral is open from 10.00am-4.30pm.

#### **TUESDAY 7 MAY**

8.30am Morning Prayer

12.30pm Lunchtime Eucharist 5.30pm Choral Evensong

#### **WEDNESDAY 8 MAY**

8.30am Morning Prayer

12.30pm Lunchtime Eucharist

5.30pm Evening Prayer

#### **THURSDAY 9 MAY**

**ASCENSION DAY** 

8.30am Morning Prayer

12.30pm Lunchtime Eucharist

5.30pm Ascension Day Choral Evensong
 7.00pm Cathedral Book Club (Zoom)
 7.00pm Archaeology Talk: Mathew Morris

#### FRIDAY 10 MAY

8.30am Morning Prayer

12.30pm Lunchtime Eucharist

5.30pm Evening Prayer

#### **SATURDAY 11 MAY**

9.30am Morning Prayer5.30pm Evening Prayer

#### **SUNDAY 12 MAY**

**EASTER 7** 

10.30am Cathedral Eucharist12.15pm Questions Together3.30pm Choral Evensong

3.30pm Together with Choral Evensong

at St Ursula's Chapel, Wyggestons

6.30pm Eucharist at St Nicholas Church

### WOMEN, SLAVERY, AND THE CHURCH

Moderator: Michelle Charters, International Slavery Museum Panel: Fiona Compton (Know Your Caribbean); Stephanie Jones-Rogers (UC Berkeley); Chine McDonald (Theos).









This webinar is the second panel in the series of online discussions about the Anglican Church and Slavery. This collaborative series explores the historical involvement of the Anglican Church in the institution of slavery, the lasting implications of colonialism on the Church and actions to progress racial justice by the Church of England Racial Justice Unit (CoERJU). This seminar will be held online, and will introduce the work of our stellar panellists, with an audience O&A at the end.

This webinar will consider specifically the role of women as enslavers/beneficiaries of African enslavement and their links to the Anglican church, including religious justifications for keeping African-descended people enslaved. It will focus on women as resistors/rebels against slavery (including as church leaders); and how women, especially Black women, are viewed in the church today as a result of slavery.

The second panel from the Church of England Racial Justice Unit's series of online discussions about the Anglican Church and Slavery series entitled, 'Women, Slavery and the Church' – on Monday 13 May.

Tickets available from Ticketsource.









CENTRE FOR THE STUDY OF INTERNATIONAL SLAVERY

All women involved in mission and ministry (ordained or lay) in the Diocese are warmly invited to attend a gathering hosted by the Diocesan Women's Ministry Group on Tuesday 4 June.

There will be a time to get to know one another over light refreshments and drinks, worship together led by Jessie Tang, and hear Bishop Martyn speak on the influence women have had on his own faith and ministry.

Please sign up through
The Hub and let us
know of any dietary
requirements by 20 May.





Join us for a
gathering
for all women in
mission and
ministry in the
Diocese of
Leicester

Tuesday 4 June, 7-9pm Grand Hall, St Martins House, Leicester



## A successful Be A Chorister For A Day

Leicester Cathedral's Be a Chorister for a Day event on Saturday 27 April was a great success. Pupils from a variety of Leicester City and County primary schools attended, enjoying a varied day including visiting the Cathedral, seeing and learning about Richard III's tomb, having a go on the Cathedral organ, and participating in singing and musical games in St Martins House.

The day culminated in children singing alongside our existing Cathedral choristers, conducted by Rosie Vinter, Assistant Director of Music.

Parents and audience were greatly impressed with the enthusiasm and quality of the children's singing and we hope their interest in becoming a chorister will result in new choristers in 2024 and beyond.







# Summer at Leicester Cathedral

This summer we will have exciting opportunities to explore and enjoy stories of Leicester, of faith, and of culture, as we celebrate the new life our cathedral building is bringing.

Treat yourself to the beauty of Choral Evensong and recitals by talented young musicians. Bring a friend or relative to sing in Dementia Week. Laugh at local Paul Gosling's *Dr Watson* comedy show. Reflect on Iain McKillop's *Stations of the Resurrection* exhibition. Explore the city's 2,000 year history with world-renowned archaeologist Mathew Morris.

Pick up a booklet!

It will be great to see you!

Thursday 9 May | 5.30pm

#### **Ascension Day Choral Evensong**

Ascension Day comes forty days after Easter and celebrates Jesus' ascension into heaven. Join us for a special Evensong with music sung by the Cathedral Choir.

Wednesday 15 May | 2.00-3.00pm

#### Singing for the Brain

Part of Dementia Action Week, a special afternoon of Singing for the Brain with Kyle Newman – designed to be a fun, stimulating and social activity for people in the early to moderate stages of dementia and their carers.

All welcome, no booking required!

Sunday 12 May | 3.30pm

Choral Evensong Together with St Ursula's Chapel, Wyggestons

Join us for a special service of Choral Evensong at St Ursula's Chapel, as part of our *Together with Leicester Cathedral* project.

See all events and services on our website



#### **Questions Together**

#### **Next on Sunday 12 May**

Our monthly discussion group aims to offer a friendly space to ask questions (and practise giving answers!) about faith and discipleship.

Everyone is welcome and there is no need to book a place. Join us as we ask, wonder, and share together!

In St George's Chapel.

# Leicester Uncovered

The most excavated city in Britain



Concession £3.50

available from **Eventbrite**.

A talk with Mathew Morris

Thursday 9 May 2024 7.00-9.00pm

Leicester
is an ancient
city which has
been continuously
occupied for over 2,000
years. It was here before the Romans,
an Iron Age tribal centre which grew into the
Roman town Ratae Corieltavorum, which
became the Mercian bishopric of
Legorensis, which became the borough of
Leicester.

Royal site, market town, industrial metropolis, modern multicultural city; every facet of Leicester's rich history survives to some degree beneath the city's streets waiting to be rediscovered.

Join archaeologist Mathew Morris from University of Leicester Archaeological Services for a talk about the city's archaeology and why, today, Leicester is one of the most excavated cities in Britain.

Event made possible thanks to National Lottery players.

Made possible with the poss



# Iain McKillop's Stations of the Resurrection

Hope beyond tragedy: an exhibition of perspectives on Christ's resurrection

#### **3 April – 20 May**

Resurrection Stations explore the accounts of witnesses who were convinced of Jesus' return to life. McKillop, the acclaimed British painter and arthistorian, hopes to make us consider the evidence of the Gospel accounts, the implications of Jesus' resurrection, and what aspects might convince us to trust in God and Christ's teachings today.

Stations

**Free entry** 

# Gathedral Book Glu E

Our Cathedral Book Club meets online once a month over Zoom, from 7.00–8.00pm

#### Thursday 9 May

We will be reading **Stations of the Resurrection: Encounters with Risen Christ**, accompanying the exhibition. Offering reflections o the Stations from the bestselling poet Malcolm Guite and the muchadmired writer and bishop, Guli Francis-Dehqani.

The book is available from both the Cathedral shop outlet and Christian Resources Leicester. *Only £11.99 to visitors of the Cathedral (RRP £13.99)* 

New members are always welcome – please email Jude (Jude.Taylor@LeicesterCofE.org) to be added to the Book Club mailing list.

# Lunchime Redicts

Summer Season 2024



Monday 13 May
Ellis Thomas Piano\*

Monday 27 May **Philip Millwood Organ** 

Monday 10 June

Anna Crawford Cello (+ Duet partner)\*

Monday 24 June

Osnabruck Youth Choir

Osnabruck Tourn Cho

Monday 8 July

Leicestershire Music Strings Ensemble

Students aged 13–18, the LMSE performs a varied programme of summer chamber music including well-known quartets and octets.

Directed by Phil Houghton.



**Philharmonia** 

# \* with the Philharmonia Fellowship Scheme

The Philharmonia is a world-class symphony orchestra – based in London at Southbank Centre's Royal Festival Hall, resident in cities and at festivals across England, and streaming online, the Philharmonia creates thrilling performances for a global audience.

Here at Leicester Cathedral, we're thrilled to welcome Philharmonia Orchestra Instrumental Fellows for a series of recitals in a new partnership with this acclaimed orchestra.











# Singing for the Brain

at Leicester Cathedral

LMMB, Alzheimer's Society, and Leicester Cathedral are working together to bring you a special afternoon of Singing for the Brain with

Kyle Newman – designed to be fun, stimulating, and social activity for people in the early to moderate stages of dementia and their carers.

Refreshments included

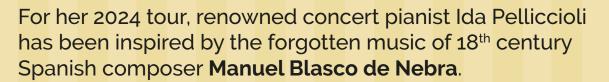
Working with the power of music and singing! **Wednesday 15 May 2024**2.00–3.00pm

All welcome No booking required!

Leicester Cathedral presents

# Ida Pelliccio

From South to Vienna



Her performance will take audiences on a journey from

Blasco de Nebra's recently re-discovered

keyboard music and **Scarlatti**'s keyboard sonatas, through to the Viennese classic style of **Mozart** and **Schubert**.

Booking essential!





Tickets £12–15 available from **Eventbrite** 





Chiamaka Okafor

# **Prayer Thoughts**



I surrender, I surrender all, I surrender, I surrender all, all to thee my blessed saviour, I surrender, I surrender all.

Most of us are familiar with this song. I have found myself humming to it quite often in the past few weeks and the more I recite those words, the more I begin to feel the weight of what it says.

All to you my blessed Saviour, I surrender, I surrender all.

To surrender means no more worries, no regrets, no malice, no blame, no stressing, no depression, etc. How peaceful it must be to surrender ALL to Jesus. As Christians we are called to surrender and say, "God, let it be done to me, according to your will" just like the Virgin Mary said many years ago. To put our past, present and future completely in God's hand knowing that he has a plan for us which will come to fruition if only we trust in him.

Proverb 35: Trust in the Lord. Trust in the Lord with all your heart, and do not lean on your own understanding.

Psalm 37.4–7: Commit Your Way to the Lord. Delight yourself in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him, and he will act. He will bring forth your righteousness as the light, and your justice as the noonday.

As human beings, we tend to meddle and by doing so, may unknowingly alter or delay God's plan for us. Just like Sarah, Abraham's wife did when she grew impatient with waiting for a child and offered her maid, Hagar to her husband, Abraham.

Is there a request we have put forward to God that we are growing impatient about? Let us surrender all to him. As I write this while flying over the Atlantic Ocean, I marvel once again at how fragile we all are and how crucial it is to place our needs, worries, everything in God's hands. We are so full of limitations, but God's abilities are limitless. There's nothing we gain by worrying or 'meddling', therefore it must be easier to surrender. If we are finding it a little difficult to do so, perhaps we can sing the song above as a reminder.

Patience was never my strong

point especially when I was younger. I was always focused on the next milestone, achievement, and goal. I wasn't great at waiting because I needed it done so I could move onto the next thing. I lived in a society that celebrated worldly achievements and career titles. But how can we hear God without truly listening to him. Achievements and merits are great, but we must remember to listen to God to dung out what He wants for our lives. Patience plays a key role in listening. God loves us and wants the best for us, and we must trust that he will see us through.

John 3.16: "For God so loved the world, that he gave his only begotten Son, that whoever believeth in him should not perish, but have everlasting life."

I pray for more patio our hearts today and always. I also remember all those dealing with life's heavy burden due to an illness or war and pray that God will help them find peace in his presence and whispers in Jesus' name.

Amen.



#### PRAYER POINTERS

THIS WEEK, from the Diocesan Prayer Diary, we pray for

Sun 5 May: Mental Health Awareness Week

Mon 6 May: Diocese of Mount Kilimanjaro (partner diocese)

Tue 7 May: Bishop's Leadership Team

Wed 8 May: Bishop's Study Day on Intercultural Worship at the Peepul Centre, Belgrave

Thur 9 May: Ascension Day

Fri 10 May: St Michael and All Angels, Loddington

Sat 11 May: Ekiti, Nigeria

For more, see their website.

#### WAYS YOU CAN HELP LEICESTER CATHEDRAL

#### **ONLINE GIVING**

Donate online here.

#### By TEXT

To donate £5, text PLATE to 70970 To donate £10, text PLATE to 70191

#### INTO OUR BANK ACCOUNT

Account Name: Leicester Cathedral Chapter

Account Number: 03807282 | Sort Code: 20-49-11

**BY CHEQUE** 

Payable to: Leicester Cathedral Chapter

Address: St Martins House, 7 Peacock Lane,

Leicester, LE1 5PZ



#### SAFEGUARDING

THE DEAN and Chapter of the Cathedral are wholly committed to the safety, well-being and protection of everyone having contact with our community.

We all share responsibility for Safeguarding.

If you have concerns about the welfare or behaviour of an adult, young person or child, please speak to one of the Residentiary Canons or to Linda Green or Amanda Fitchcett, our Safeguarding Co-ordinators.

The Residentiary Canons can be approached in person or contacted on 07399 523 330.

The Safeguarding Co-ordinators do not publish their contact details. Please speak to a verger if you wish to contact them. You do not need to explain the reason for your request.

All concerns will be responded to proportionately and with discretion.



